

### Menu week1

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Morning Snack</b>	Carrot and cucumber sticks	Pear and sultana	Apple and kiwi	Digestive biscuits with Philadelphia cheese	Oranges and raisins
<b>High Tea</b>	Hotdogs, buttered bread, bananas	Crumpets with spreads, fairy cakes.	Baked beans on toast, melon	Crackers and cheese, carrot and cucumber sticks, seafood dip, brownies	Baby potatoes with soft cheese and shortbread

**Dairy free diets contain rice milk/vegetable margarine.  
The above menu may be subject to change due to availability of food.  
Fresh fruit is always available**

### Menu week 2

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Morning Snack</b>	Pears and banana	Crackers and dairylea	Apples and raisins	Grapes and oranges	Banana and kiwi
<b>High Tea</b>	Soup with rolls , marble cake	Potato waffles, spaghetti hoops, oranges	Cheese and grated carrot, egg and cress sandwiches, fresh fruit	Vegetable ravioli, garlic bread, cherry shortbread	Pizza, rice Crispy slice

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### Menu Week 3

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Morning snack</b>	Melon and oranges	Kiwi and banana	Breadsticks with edam cheese	Tomatoes and cheese cubes	Apple and raisins
<b>High Tea</b>	Tuna filled Pittas and tomato wedges	Warm muffins with a variety of spreads, flap jacks	Spaghetti hoops on toast with carrot cake	Potato wedges with barbecue dip, apples and raisins	Finger tea: chicken sausage, carrot and cucumber, branston pickle and rolls, shortbread

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### Menu week 4

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Morning snack</b>	Oat biscuits and dairylea	Banana and raisins	Kiwi and oranges	Pear and sultana	Apple and cottage cheese
<b>High Tea</b>	Toasted muffins with spreads, fresh fruit	Cheese on toast with tomato wedges ginger biscuits	Potato wedges with dips, fruit shortcake	Ham and cheese sandwiches with bananas	Crackers with soft cheese, muffins

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### Menu week 5

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Morning snack</b>	Apples and pears	Cucumber and cheese sticks	Melon and kiwi	Crackers and dairylea	Grapes and banana
<b>High Tea</b>	Boiled egg segments with French bread, banana bread	Pitta parcels with a selection of fillings, fresh fruit	Bread rolls, dairylea, carrot sticks, tomato wedges with mayonnaise	New potato with grated cheese, chocolate chip muffins	Spaghetti hoops on toast with carrot cake

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### Menu week 6

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b><u>Morning snack</u></b>	Oranges and raisins	Grapes and pears	Banana and kiwi	Ryvita and dairylea	Pear and apple
<b><u>High Tea</u></b>	Hash browns baked beans, rock buns	Crumpets with melted cheese, melon melody	Watercress soup and French bread with fresh fruit	Tuna, marmite sandwiches, chocolate brownies	Vegetarian sausage rolls, cucumber and carrot sticks, shortcake

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